

Zapping Renal Nerves Helps Mind, Too

Todd Neale

In patients with resistant hypertension, renal denervation reduced blood pressure without harming psychological status, a small study showed.

In fact, renal denervation was associated with improved symptoms of anxiety and depression and severity of headache, according to Denise Fischer, Dr.rer.Med., a staff psychologist at Saarland University Hospital in Homburg, Germany.

In addition, physical quality of life significantly improved following the procedure, she reported at the European Society of Cardiology meeting here.

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