

# No Advantage For Fresh Blood In ICU Transfusions

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For critically ill patients, transfusing fresher blood didn't translate to better outcomes, researchers said here.

In a single-center retrospective study, patients had the same overall rates of transfusion complications and other morbidities including length of ICU and hospital stays whether they were given red blood cells that were less than 8 days old, or more than two weeks old, according to Leanne Clifford, BM, of the Mayo Clinic in Rochester, Minn., and colleagues.

"We found a lack of evidence to say that older blood is associated with worse outcomes," Clifford reported during a late-breaking abstract session at the American Society of Anesthesiologists meeting.

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