

Steroid During Heart Surgery Has No CV Benefit

Kristina Fiore

Giving high-dose dexamethasone as a prophylactic during heart surgery didn't reduce cardiovascular events, but it may diminish respiratory failure and infections, researchers found.

In a randomized, controlled trial, there was no significant difference in a primary composite endpoint of adverse cardiovascular events between those given a high dose of the steroid and those given placebo ($P=0.07$), Jan Dieleman, MD, of the University Medical Center Utrecht in the Netherlands, and colleagues reported.

But dexamethasone did appear to lessen both the duration of postoperative respiratory failure and infection ($P=0.02$ and $P<0.001$), they wrote in the Nov. 7 issue of the *Journal of the American Medical Association*.

[Continue reading...](#) [1]

Source URL (retrieved on 12/06/2013 - 7:07am):

http://www.surgicalproductsmag.com/articles/2012/11/steroid-during-heart-surgery-has-no-cv-benefit?qt-recent_blogs_articles=0&qt-digital_editions=0

Links:

[1] <http://www.medpagetoday.com/Cardiology/AcuteCoronarySyndrome/35836>